

FREE!!!

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WIN FREE CLASSES!!.

WIN A PRIVATE SESSION!!!!

WIN ONE FREE WEEK OF CLASSES!!!

REFORMER, CYCLING, BARRE, YOGA AND MAT PILATES. TWO FREE DAYS, FIVE CLASS TYPES, ALL LEVELS WELCOME

Lifecyclepilates.com
Better Life, Balanced Body
and Better Health

## COME AND JOIN US FOR TWO DAYS OF FREE CLASSES!!!



LIFE CYCLE PILATES
4003 Bellaire blvd. suite H
Houston, Texas 77025

SATURDAY APRIL 28TH, 2012, FROM 8AM UNTIL 1PM. EACH CLASS IS 30 MINUTES.

## **AND**

CINCO DE MAYO YOUR WAY ON SATURDAY, MAY 5<sup>TH</sup> FROM 8AM UNTIL 1PM, EACH CLASS IS 30 MINUTES LONG.

YOU MUST RESERVE YOUR SPOT AS SPACE IS LIMITED!!!

GO TO lifecylepilates.com SCHEDULE TAB AND SIGN UP FOR YOUR 30 MINUTE CLASS. OR COME IN AND SIGN YOUR NAME TO OUR SCHEDULE BOOK. YOU CAN ALSO CALL 713-550-4777 TO CONFIRM A SPOT.